

**Grade 2 – HEALTH AND PHYSICAL EDUCATION  
Skills Based Report Card**

Health Skills and Expectations	Standards	Students will be able to....
<b>Identifies body parts and explains how they work together</b>	<b>2.1.A</b> Wellness: All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.	<ul style="list-style-type: none"> <li>● Know of all body parts.</li> <li>● Understand how body parts work together.</li> </ul>
<b>Demonstrates a basic understanding of the five major food groups</b>	<b>2.1.B</b> Wellness: All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.	<ul style="list-style-type: none"> <li>● Understand the 5 food group colors.</li> <li>● Decide between healthy and unhealthy food options.</li> </ul>
Physical Education Skills and Expectations		
<b>Demonstrate appropriate movement skills during practice, activities, and games (running, shuffling, changing of direction)</b>	<b>2.5.A</b> Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle	<ul style="list-style-type: none"> <li>● Skip, gallop, run, hop and jump.</li> <li>● Throw and catch.</li> </ul>
<b>Demonstrates basic safety and sportsmanship qualities during individual and group activities</b>	<b>2.5.C</b> Motor Skill Development: All students will utilize safe, efficient, and effective movement to develop and maintain a healthy, active lifestyle	<ul style="list-style-type: none"> <li>● Explain good sportsmanship.</li> <li>● Demonstrate fair behaviors and safety rules.</li> </ul>
<b>Demonstrates an understanding of how to perform and achieve fitness goals</b>	<b>2.6.A</b> Fitness: All students will apply health-related and skill-related fitness concepts and skills to develop and maintain a healthy, active lifestyle.	<ul style="list-style-type: none"> <li>● Set goals on how to improve fitness.</li> <li>● Understand strength and endurance.</li> <li>● Understand the Importance of stretching and flexibility.</li> </ul>